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Advantage domain 3 : Promotion of healthy ageing and frailty prevention

The French case study around the program “For ageing well” and new directions



Final Conference of ADVANTAGE Joint Action
27th November 2019, Brussels.



Presentation framework

2007-2009

2011

2015

2019-...

Legal texts

**Law for adapting
society to ageing**

**Law « Great age and
autonomy » (1)**

Plans

**National plan
Well Ageing**

**National actions plan
to prevent autonomy
loss**

**Autonomy loss
prevention strategy (2)**

Key programs

«For ageing well»

**Local programs by
funders conferences**

Work in progress

Impact

**Local community
actions**

Various actions

Visibility to improve

Need to assessment

Public targeted too late

(1) Title undermined at this time

(2) Title to be confirmed

Plan

- ❑ **Origins of the program**
- ❑ **The program For ageing well**
- ❑ **A law for elderly in 2015, a new plan and a new tool : the local funding conferences**
- ❑ **A new context for improving frailty prevention and healthy ageing**
- ❑ **New considerations for healthy ageing and frailty prevention**

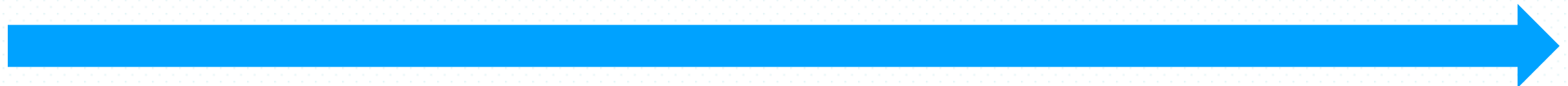
Origins of the program

2007-2009

2011

2015

2019-...



Legal texts

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«For ageing well»

Impact

The program « For ageing well » today

**Promoted by and designed for prevention actions of pension funds
+ expertise support of the national health public agency**

<https://www.pourbienvieillir.fr/>

A website to the public (robust or frailty seniors)

**Prevention messages and tools to support healthy behaviours
(videos, leaflets, georeferencing tool to find a workshop)**

**Key factors for healthy ageing : Physical activity, balance, nutrition,
cognitive activity, sleep, social network, housing, fall prevention**

The program « For ageing well » today

www.pourbienvieillir.fr/espace-professionnels

A website to the professionals

**References and tools to support counselling and workshops
(literature, guides and tools for action planning and evaluation)**

A website referenced by

The pension insurance

<https://www.lassuranceretraite.fr/portail-info/home/retraite/bien-vieillir-aides-conseils/vie-retraite/bien-vieillir.html>

The national website for elderly

<https://www.pour-les-personnes-agees.gouv.fr/>

A law for elderly in 2015, a new plan and a new tool : the local funding conferences

2007-2009

2011

2015

2019-...

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The local funding conferences : first findings

2007-2009

2011

2015

2019-...

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New developments for healthy ageing and frailty prevention

2007-2009

2011

2015

2019-...

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Autonomy loss
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In conclusion

- Some key factors
 - A policy framework
 - Mobilization of key actors : pension insurance
- Challenges
 - Address the healthy behaviours early
 - Impact assessment



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advant**AGE**
MANAGING FRAILTY