

## **Managing Frailty. A comprehensive approach to promote a disability-free advanced age in Europe: the ADVANTAGE initiative. Participation by RIVM on behalf of The Netherlands.**

### **Projectomschrijving**

Nederland neemt deel aan de Joint Action ADVANTAGE. Dit is een internationaal samenwerkingsverband, dat gericht is op de preventie van kwetsbaarheid bij ouderen (frailty). Hiermee doelen we op de opeenstapeling van lichamelijke, psychische en/of sociale tekorten in het functioneren die de kans vergroten op negatieve gezondheidsuitkomsten zoals functiebeperkingen, ziekenhuisopname, of overlijden.

### **Doel**

Het doel van deze Joint Action is te leren van wat Europese landen doen aan preventie van kwetsbaarheid en zorg voor kwetsbare oudere mensen. Wij delen de Nederlandse kennis en cijfers over kwetsbaarheid bij oudere mensen met de andere deelnemende Europese landen.

Uiteindelijk doel is te komen tot een aanpak voor preventie van kwetsbaarheid bij ouderen, en meer inzicht te krijgen in het ontstaan, beloop en de gevolgen op de lange termijn. Dit draagt bij aan het langer gezond blijven van ouderen, waardoor ze langer zelfredzaam blijven. In totaal doen 24 landen mee aan deze Joint Action. Het RIVM neemt namens Nederland deel.

Bron: website ZonMw

Link naar website: [ZonMw JA ADVANTAGE](#)

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### **Contact informatie:**

Liset Rietman, projectleider JA Frailty (NL)

National Institute for Public Health and the Environment

Centre for Nutrition, Prevention and Health Services

PO Box 1

3720 BA Bilthoven

The Netherlands

T: +31 (0)30 274 2709

E: [liset.rietman@rivm.nl](mailto:liset.rietman@rivm.nl)



### Joint Action Coordinator and Secretariat

Hospital Universitario de Getafe, SERMAS.  
Madrid, Spain

Website: [www.advantageja.eu](http://www.advantageja.eu)

- Medizinische Universität Graz (MUG), Austria
- Institut Scientifique de Santé Publique (WIV-ISP (IPH)), Belgium
- Natsionalen Centar Po Obshtestveno Zdrave I Analizi (NCPIA), Bulgaria
- Hrvatski Zavod za Javno Zdravstvo (CIPIH), Croatia
- Ministry of Health of the Republic of Cyprus (MOH), Cyprus
- Terveyden ja Hyvinvoinnin Laitos (THL), Finland
- Agence Nationale de Santé Publique (ANSP), France
- Ministère des Affaires Sociales et de la Santé (MASSDF), France
- Medizinische Hochschule Hannover (MHH), Germany
- Company of Psychosocial Research and Intervention (EPSEP) (SPRI), Greece
- Panepistimio Patron (UPAT), Greece
- Nemzeti Egészségfejlesztési Intézet (NIHD), Hungary
- Health Service Executive (HSE-NUIG), Ireland
- Agenzia Nazionale per i Servizi Sanitari Regionali (AGENAS), Italy
- Istituto Nazionale di Riposo e Cura per Anziani (INRCA), Italy
- Istituto Superiore di Sanità (ISS), Italy
- Regione Marche (ARS), Italy
- Università Cattolica del Sacro Cuore (UCSC), Italy
- Lietuvos Sveikatos Mokslų Universitetas (LSMU), Lithuania
- Ministry for the Family and Social Solidarity (MFSS), Malta
- Rijksinstituut voor Volksgezondheid en Milieu (RIVM), Netherlands
- Folkehelseinstituttet (NIPH Norway), Norway
- Narodowy Instytut Geriatrii Reumatologii i Rehabilitacji Im. Prof. Dr. Hab. Med. Eleonory Reicher (Nigir), Poland
- Ministério da Saúde - República Portuguesa (DGS), Portugal
- Centrul National de Sanatate Mintala si Lupta Antidrog (CNSM), Romania
- Scoala Nationala de Sanatate Publica, Management si Perfectionare in Domeniul Sanitar Bucuresti (SNSPMPDSB), Romania
- Universitatea Babes-Bolyai (UBB), Romania
- Nacionalni Inštitut za Javno Zdravje (NIJZ), Slovenia
- Asociación Centro de Excelencia Internacional en Investigación sobre Cronicidad (KRONIKGUNE), Spain
- Consejería de Salud de la Junta de Andalucía (CSJA), Spain
- Fundación para la Investigación del Hospital Clínico de la Comunitat Valenciana, Fundación Incliva (INCLIVA), Spain
- NHS Lanarkshire (NHS LANARKSHIRE), United Kingdom



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**advantage**  
MANAGING FRAILTY

## Managing Frailty

A comprehensive approach to  
promote a disability-free advanced  
age in Europe:  
the **ADVANTAGE** initiative



Joint Action on Prevention of frailty

**2017-2019**

### Why Frailty is important

Frailty means increased vulnerability of older people. This has health consequences for the individual: they go to hospital more often with adverse outcomes and may lose autonomy. Frailty is not the same as ageing!

### Frailty in Europe

In Europe, one estimation states that 17% of older people (65+) are considered as frail and 44% as approaching frailty (2012). This percentage tends to increase from Northern to Southern Europe and will increase in the future due to demographic change.

### Why should frailty be tackled?

Frailty is not an inevitable consequence of ageing. It can be prevented to foster a longer and healthier life! Frailty puts a huge burden on the care systems and represents a challenge to the sustainability of health and care systems in Europe.

### What is ADVANTAGE

ADVANTAGE is a Joint Action with 22 Member States and 35 organizations involved. It is co-funded by the EU and the Member States.

### Objective

ADVANTAGE aims to build a common understanding on frailty to be used in all the Member States.

### ADVANTAGE specific objectives are:

To create awareness among stakeholders, especially policy and decision makers;

To propose a common European strategy on frailty from prevention screening, early diagnosis, assessment to management of frailty;

To promote important and sustainable changes in the organization and implementation of care in the Health and Social Systems in Europe;

### ADVANTAGE will:

Summarize the current State of the Art for the effective management of frailty, both at a personal and population level;

Propose a common roadmap - a common European model to tackle frailty;

Increase knowledge in the field of frailty and indicate what should be prioritized in the next years at European, National and Regional level.



Link naar website: [JA.ADVANTAGE](http://JA.ADVANTAGE)