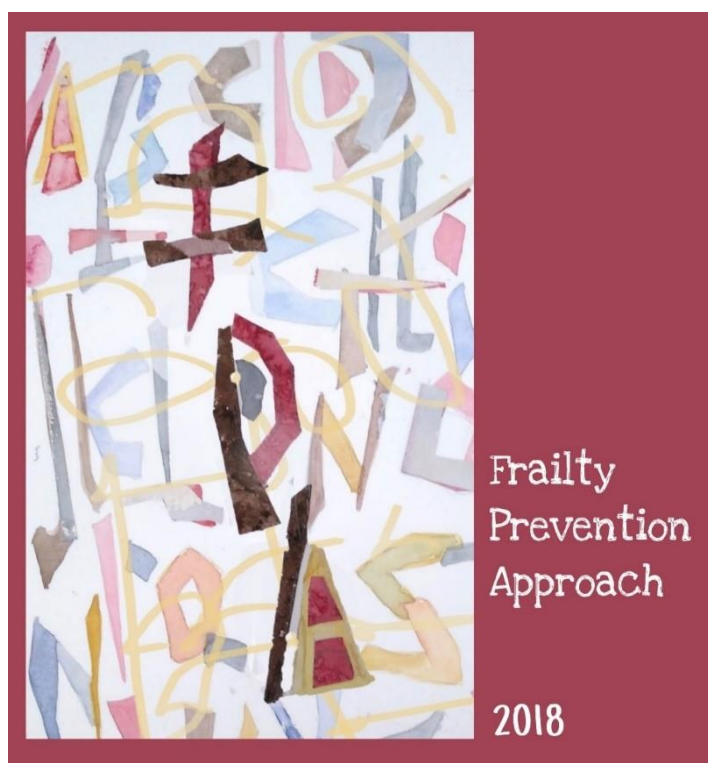




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advantAGE
MANAGING FRAILITY



The Madrid ADVANTAGE
Joint Action Forum

*Taking Action on Frailty: the
ADVANTAGE JA perspective*

Madrid, Spain. 13th December 2018

Evaluation Report

Evaluation report

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Acronyms used

AC= Action Coordinator

EAB = External Advisory Board

EP = Expert panel

FPA = Frailty Prevention Approach

JA = Joint Action

MS = Member States

WP = Work package

Introduction

ADVANTAGE is the first Joint Action (JA) on the prevention of frailty. It is co-funded by the Third European Health Programme of the European Union 2014-2020. It started in 2017 and will run to 2019.

This JA will contribute to a more homogeneous approach to frailty, improving screening, prevention, assessment and treatment, as well as to the reform of health systems and the identification of priorities in training and research programmes. Its main objective is to establish a common European framework for addressing frailty, which is the main condition associated with the risk of developing disability.

The ADVANTAGE JA Consortium embodies 22 Member States (MS) and over 33 European organisations. Partners representing them come from a broad range of professional backgrounds and have sound expertise in complementary areas pertinent to the issue at stake.

During these last two years ADVANTAGE JA Consortium based on evidence and specific MS surveys has developed the concept of the Frailty Prevention Approach (FPA) in health and social care services, by encouraging consensus and developing common frameworks on screening, prevention, assessment and management of frailty throughout the EU.

The FPA provides guidance on how to strengthen national /regional capacities and accelerate national/regional efforts to set up or further develop a frailty prevention policy in the participating MS. In concrete terms the FPA gives support to:

- ✓ Identify national/regional areas of action on frailty and position these within the MS health priorities.
- ✓ Set national/regional objectives and deliverables for the specific areas of action.
- ✓ Implement proven interventions to reduce risk factors for frailty.
- ✓ Implement proven interventions to manage frailty at individual level.
- ✓ Implement proven interventions to train the health workforce.
- ✓ Measure progress and results, taking into account proposed indicators.
- ✓ Advance action beyond the health sector through multi-sector co-operation.
- ✓ Promote international collaboration and across regions within participant MS to transfer and scale-up best practices.

Likewise, it was the moment to give voice to older people and people living with frailty and include this dimension on our discussions. For this reason the Face up campaign (#faceuptofrailty) launched by WP1 last June in Spain was officially presented in the Madrid Forum. The aim is to strengthen the stakeholders' network which will support dissemination and implementation of ADVANTAGE JA recommendations.

Development

Aim and objectives

The Madrid ADVANTAGE JA Forum, was held on the 13th of December 2018 at the Spanish Ministry of Health, Consumer Affairs and Social Welfare in Madrid.

This one day Forum has been an important opportunity for ADVANTAGE JA partners, MS health representatives and stakeholders to discuss the following topics:

- The draft Frailty Prevention Approach (FPA).
- How policy makers, organisations, managers and professionals can use the ADVANTAGE JA recommendations to address frailty prevention in the EU.
- The role of the different stakeholders to support the implementation of the ADVANTAGE JA recommendations.
- How ADVANTAGE JA needs to take into account the political, social, professional and citizen context to succeed in the endeavour.

Participants

Over 120 participants attended and were actively involved in the debates. Almost all institutions from the ADVANTAGE JA Consortium were present with more than one member. All WP leaders, co-leaders and partners in general had a very active role. Speakers came from the EC, the Expert Panel members, the External Advisory Board members. The complete final list is provided in Annex 1.

Programme

The final agenda can be consulted in Annex 2. It was designed to present the FPA and the Face up to Frailty Campaign as a combination of plenary sessions with main speakers addressing the audience, followed by open debate, and a set of parallel sessions to discuss key topics in smaller groups. WP1, as Coordination Team, took the lead in the process and partners from WP2 and WP3 actively supported on raising awareness of its importance, giving visibility, and strengthening the Stakeholders Forum network.

Dynamic and results

The Madrid ADVANTAGE JA Forum has been very well conducted and participants were greatly engaged and actively participated. It developed in a professional, interactive and collaborative atmosphere. This success could had never been achieved without the presence of the ADVANTAGE JA partners, the MS health representatives and stakeholders generosity to share participants' own experience and knowledge. The guidance and remarks from the EP and EAB members greatly contributed to focus the discussions.

All sessions devoted to jointly discuss the FPA draft run smoothly and as foreseen, with the respective WP leader and partners explaining key ideas of their specific topics and answering to the main questions raised.

Regarding the interactive panel session with the comments from the WHO member, the Senator Spokesperson for health PSOE and two members of the EAB allowed the participative intervention of audience, highlighting the key aspects of the context in which ADVANTAGE JA wants to operate.

The presentation of the Face up to Frailty campaign and messages for use by policy leads, advocates, professionals, and cross sector organisations in the five Spanish Autonomous Regions participating in ADVANTAGE JA and in Scotland aimed at calling to action the participants MS and contribute to the European campaign.

The Facilitators and the Rapporteurs helped to run the parallel sessions more easily by supporting in the discussion of specific issues, debating on specific questions and identifying the key messages and gaps at the different sessions. The attendees to the each session took part in the debate and promoted the exchange of the ideas and commitments which were presented by Rapporteurs at the plenary session.

Finally, the EAB members reacted to these key conclusions of the parallel sessions sharing their opinions on the FPA and the current policy debate oriented to the achievement of ADVANTAGE JA aims.

Through all the Madrid ADVANTAGE Forum sessions there was an active exchange of views between the JA partners and the EP and EAB members on a number of ideas and conclusions on how these could be further improved and tailored to the stakeholders' audience.

Conclusions

1. The Coordination Team is very grateful for the generosity and work from all the ADVANTAGE JA Consortium members both during the Forum and the preparatory tasks needed to achieve this very good results. Special thanks must be given to the speakers, chairs, rapporteurs and facilitators.
2. The Coordination Team gives special thanks WP2, WP3 and WP7 partners for the support to WP1 to set up the Stakeholders Forum and all the work behind done to officially presented in the Forum and the website section.
3. The Madrid ADVANTAGE Forum has been both a valuable instrument to present the FPA and the Face up to Frailty Campaign and a milestone in the success achievements we have jointly completed so far.
4. Likewise, the Forum was the moment to give voice to older people and people living with frailty and include this dimension on our discussions. For this reason the Face up campaign (#faceuptofrailty) launched by WP1 last June in Spain was officially presented in the Madrid Forum. The aim is to strengthen the stakeholders' network which will support dissemination and implementation of ADVANTAGE JA recommendations.

Next Steps

A. The Consortium next steps will be focused on finalising the process of weaving the ADVANTAGE JA recommendations into a common Frailty Policy. They are described below:

- Rapporteurs from each Parallel Session will send a brief report on the debate and conclusions from their group discussion. EAB members will also send their written remarks to the JA Secretariat.
- WP1 will collect all these reports and prepare a revisited version of the FPA document that will be circulated among partners.
- Each participating MS will be invited to comment on the overview report and their assigned Cluster Group and on the recommended Roadmap.
- The draft background documents will be forwarded to MS individually and asked for comments before considering a final version to be used publicly.
- Details of the Roadmap, tailored to their individual MS needs and priorities will be chosen by the MS from a menu of potential actions.
- The Consortium will facilitate the cooperation of participating MS to identify and define key elements in their own communities to ensure an optimal response of the health and social system to older peoples' health needs, including frailty and disability.

Almudena Albertos, Inés García-Sánchez, Leocadio Rodríguez Mañas

18th December 2018

Hospital Getafe, SERMAS. Madrid, Spain

Annex 1. Participants list

| | | | | |
|-------------------|------------------------|---|----------|---|
| Aitcheson | Mary Alexandra | Nursing and Allied Professionals Department, Public Health Agency, Northern Ireland | UK | sandra.aitcheson@hscni.net |
| Albertos | Almudena | Servicio Madrileño de Salud | España | almudena.albertos@salud.madrid.org |
| Albreht | Tit | Head of the Centre for Health Care Slovenia - Expert Pannel Member | Slovenia | Tit.Albreht@nijz.si |
| Ana | López-Torres Escudero | Enfermera de Familia CS Mejorada del Campo. Gerencia AP. SERMAS Sociedad Científica de Enfermería Familiar y Comunitaria de Madrid. SEMAP | España | alopez@salud.madrid.org |
| Andrew | Amanda | NHS Lanarkshire | UK | mandy.andrew@lanarkshire.scot.nhs.uk |
| Antoniadou | Eleftheria | University of Patras | Greece | eleftheria.antoniadou@gmail.com |
| Astola | Esther | Diputación Foral de Álava (Instituto Foral de Bienestar Social) | España | eastolagarro@gmail.com |
| Atienza | Francisco | Servicio Andaluz de Salud | España | fatienzam@gmail.com |
| Atoche | Miguel Ángel | Servicio de Salud de Castilla La Mancha | España | maatoche@sescam.org |
| Barbolini | Mirca | Agenzia Sanitaria e Sociale Regione Emilia-Romagna | Italy | mirca.barbolini@regione.emilia-romagna.it |
| Benjak | Tomislav | Croatian Institute of Public Health | Croatia | tomislav.benjak@hzjz.hr |
| Bolognini | Silvia | INRCA | Italy | s.bolognini@inrca.it |
| Botezat-Antonescu | Ileana Mihaela | National Mental Health Center and Antidrug | Romania | botezat_ileana@yahoo.com |
| Bozdog | Maria-Elena | Babes-Bolyai University | Romania | elena.bozdog@publichealth.ro |
| Braga | Mario | AGENAS | Italy | BRAGA@AGENAS.IT |
| Bustacchini | Silvia | IRCCS INRCA | Italy | S.BUSTACCHINI@INRCA.IT |
| Caballero Mora | M ^a Angeles | Servicio Madrileño de Salud | Spain | mariaangeles.caballero@salud.madrid.org |
| Cardenas ramos | Marta | Consorci Sanitari Integral | Spain | martacardenasr@gmail.com |
| Carriazo | Ana M | Consejería de Salud Junta de Andalucía | Spain | anam.carriazo@juntadeandalucia.es |
| Carter | Nigel | Platform for Better Oral Health in Europe | UK | nigel@dentalhealth.org |
| Cebrián | Monica | University of Valencia - INCLIVA | Valencia | monica.cebrian@ext.uv.es |
| Chaves da Silva | Nicole | Directorate General of Health | Portugal | nicole@dgs.min-saude.pt |
| Corral | Teresa | Instituto de Salud Carlos III | Spain | tcorral@isciii.es |
| Csizmadia | Péter | National Public Health Center | Hungary | peter.csizmadia@emmi.gov.hu |
| de la Mata | Isabel | Comisión Europea | EC | |
| De Luca | Vincenzo | Azienda Ospedaliera Universitaria Federico II | Italy | ricercaesviluppo.diraup@unina.it |
| Diez | Ana Isabel | Osakidetza | España | adr50@hotmail.es |

| | | | | |
|-------------------|-----------------|---|-----------|--|
| Dzinic | Petra | National Institute of Public Health (NIJZ) | Slovenia | petra.dzinic@nijz.si |
| Espinosa Almendro | Juan Manuel | Consejería Salud Junta de Andalucía | España | juanm.espinosa.almendro.sspa@juntadeandalucia.es |
| Filip | Marius Octavian | National Authority of Quality Management in Health | Romania | marius.filip@anmcs.gov.ro |
| Fernández Vera | Luis Julián | Fundación Investigación Biomédica Hospital U. Getafe | Spain | |
| Gabrovec | Branko | National Institute of Public Health | Slovenia | branko.gabrovec@nijz.si |
| Galluzzo | Lucia | Istituto Superiore di Sanità, Rome | Italy | lucia.galluzzo@iss.it |
| Gálvez | Felisa | Asociación Andaluza de Enfermería Comunitaria (ASANEC) | España | presidencia@asanec.es |
| García Sánchez | Inés | Servicio Madrileño de Salud | Spain | igsanchez@salud.madrid.org |
| Giammarchi | Cinzia | ARS-REGIONE MARCHE | Italy | cinzia.giammarchi@regione.marche.it |
| Gil Luciano | Ana | Regional Ministry of Health of the Community of Madrid | Spain | agill@salud.madrid.org |
| González | Patricia | Instituto de Salud Carlos III | Spain | patricia.gs@isciii.es |
| González de Suso | María José | Instituto de Salud Carlos III | Spain | mgsuso@isciii.es |
| Gutiérrez | Manuel | Fundación Siel Bleu | España | manuel.gutierrez@sielbleu.org |
| Hammar | Teija | National Institute for Health and Welfare (THL) | Finland | teija.hammar@thl.fi |
| Hendry | Anne | NHS Lanarkshire | UK | Anne.hendry@lanarkshire.scot.nhs.uk |
| Illario | Madalena | AOU Federico II - EIPAHA | Italy | illario@una.it |
| Jakubowskie | Elke | WHO Regional Office for Europe | Denmark | jakubowskie@who.int |
| Jelenc | Marjetka | National Institute of Public Health | Slovenia | marjetka.jelenc@nijz.si |
| Junius-Walker | Ulrike | Medizinische Hochschule Hannover | Germany | junius-walker.ulrike@mh-hannover.de |
| Juszczyk | Grzegorz | National Institute of Public Health | Poland | gjuszczyk@pzh.gov.pl |
| Kądalska | Ewa | National Institute of Geriatrics, Rheumatology and Rehabilitation | Poland | ekadalska@wp.pl |
| Kennelly | Joan | HSE Ireland | Ireland | siobhan.kennelly1@hse.ie |
| Kioupi | Stala | Ministry of Health Cyprus | Cyprus | skioupi@mphs.moh.gov.cy |
| Koula | Maria Lamprini | Society of Psychosocial Research and Intervention | Greece | koula_mar@yahoo.com |
| KRŠIĆ | Ivana | NATIONAL INSTITUTE OF PUBLIC HEALTH | Slovenia | ivana.krsic@nijz.si |
| Kubilius | Raimondas | Lithuanian University of Health Sciences | Lithuania | raimondas.kubilius@kaunoklinikos.lt |
| La Orden | Miguel Ángel | Servicio Madrileño de Salud | Spain | miguelangel.orden@salud.madrid.org |
| Lattanzio | Fabrizia | INRCA | Italy | direzionescientifica@inrca.it |
| Liew | Aaron | National University of Ireland Galway (NUIG)/Health Service Executive (HSE) | Ireland | aaron.liew@nuigalway.ie |
| Lindner | Sonja | Medical University of Graz | Austria | sonja.lindner@medunigraz.at |
| Liotta | Giuseppe | University of Rome "Tor Vergata" | Italy | Giuseppe.liotta@uniroma2.it |
| López-Samaniego | Luz | FPS - Regional Ministry of Health of Andalusia | Spain | luz.lopez.ext@juntadeandalucia.es |
| Luoma | Minna-Liisa | National Institute for Health and Welfare (THL) | Finland | minna-liisa.luoma@thl.fi |

| | | | | |
|--------------------|---------------|---|------------------|--|
| Machón | Mónica | Unidad de Investigación de Atención Primaria-OSIs de Gipuzkoa, Osakidetza | España | monica.machonsobrado@osakidetza.eus |
| Macijauskiene | Jurate | Lithuanian University of Health Sciences | Lithuania | jurate.macijauskiene@lsmun.lt |
| Maggio | Marcello | University of Parma | Italy | marcellogiuseppe.maggio@unipr.it |
| Malone | Sinead | Northern Ireland Health & Social Care Board | Northern Ireland | Sinead.malone@hscni.net |
| Martel Gómez | Remedios | Directora General de Salud Pública y Ordenación de Farmacia | Spain | |
| Martin | Finbarr | EUGMS | United Kingdom | finbarr.martin@kcl.ac.uk |
| Martínez Olmos | José | PSOE | Spain | |
| Mita Papakosta | Kyriaki | Mental Health Services Cyprus - Ministry of Health | Cyprus | kpapacosta17@gmail.com |
| Moody | Dawn | NHS England | UK | dawn.moody1@nhs.net |
| O'Caoimh | Rónán | National Clinical Programme for Older People & National University of Ireland, Galway | Ireland | ronan.ocaoimh@nuigalway.ie |
| Onder | Graziano | Università Cattolica del Sacro Cuore | Italy | graziano.under72@gmail.com |
| Peiró | Rosa Ana | DG Salud Pública Comunidad Valencia | Spain | peiro_ros@gva.es |
| Pinilla Navas | Lorena | Instituto de Salud Carlos III | España | l.pinillanavas@isciii.es |
| Potisek | Robert | National Institute of Public Health, Slovenia | Slovenia | robert.potisek@niz.si |
| Pruneda | Laura | Investén-ISCIII | Spain | l.pruneda@isciii.es |
| Regato | Pilar | SERMAS. SEMFYC | España | pregato@gmail.com |
| Rietman | Liset | National Institute for Public Health and the Environment (RIVM) | The Netherlands | liset.rietman@rivm.nl |
| Rodríguez Mañas | Leocadio | Servicio Madrileño de Salud | Spain | leocadio.rodriguez@salud.madrid.org |
| Roller-Wirnsberger | Regina | Medical University of Graz | Austria | regina.roller-wirnsberger@medunigraz.at |
| Romano | Valeria | IRES Piemonte - Economic and Social Research Institute | Italy | v.romano@ires.piemonte.it |
| Rynkowski | Marcin | Ministry of Health | Poland | |
| Salem | Mohamed | Geriatric Medicine Society of Malta | Malta | mohamed.salem@gov.mt |
| Sánchez Martín | C. Inmaculada | Asociación Nacional de Directivos de Enfermería | Spain | inma.sanchez09@gmail.com |
| Sarria | Antonio | Coordinador de Chrodís | Spain | |
| Scelfo | Bibiana | IRES Piemonte, Istituto di Ricerche Economiche e Sociali | Italy | b.scelfo@ires.piemonte.it |
| Selak | Špela | National Institute of Public Health | Slovenia | spela.selak@niz.si |
| Soleymani | Dagmar | Santé publique France | France | dagmar.soleymani@santepubliquefrance.fr |
| Strandzheva | Mirela | National Center of Public Health and Analyses, Sofia | Bulgaria | m.strandzheva@ncpha.government.bg |
| Targowski | Tomasz | Narodowy Instytut Geriatrii, Reumatologii i Rehabilitacji | Poland | tomasz.targowski@spartanska.pl |
| Tombarkiewicz | Marek | National Institute of Geriatrics, Rheumatology and Rehabilitation | Poland | sekretariat.dyrektora@spartanska.pl |
| Ugarte Leturia | Angélica | Osakidetza | España | mariaangelica.ugarteleturia@osakidetza.eus |

| | | | | |
|----------------|--------------|--|-----------|---------------------------------|
| Van der Heyden | Johan | Sciensano (Scientific Institute of Belgian Federal Government) | Belgium | johan.vanderheyden@sciensano.be |
| Vandenbroeck | Marc | European Commission | Belgium | |
| Vanhecke | Eliane | French Ministry of Health | France | eliane.vanhecke@sante.gouv.fr |
| Veninšek | Gregor | Nacionalni inštitut za javno zdravje | Slovenija | gregor.veninsek@gmail.com |
| Viña | José | Universidad de Valencia - INCLIVA | Spain | vina.ribes@uv.es |
| Vitello | federica | AGENAS | Italy | vitello@agenas.it |
| Wadoux | Julia | Age Platfom | Belgium | Julia.Wadoux@age-platform.eu |
| Wiese | Birgitt | Medizinische Hochschule Hannover | Germany | wiese.birgitt@mh-hannover.de |
| Young | Jonh | NHS | UK | John.Young@bthft.nhs.uk |
| Zamfir | Mihai-Viorel | National Mental Health Center and Antidrug | Romania | mihaivzamfir@gmail.com |
| Zampetti | Rosa | Azienda Sanitaria Locale Salerno | Italy | r.zampetti@aslsalerno.it. |
| Zupiria | Xabier | Biodonostia | Spain | xabier.zupiria@gmail.com |

Annex 2. Madrid Forum Final agenda

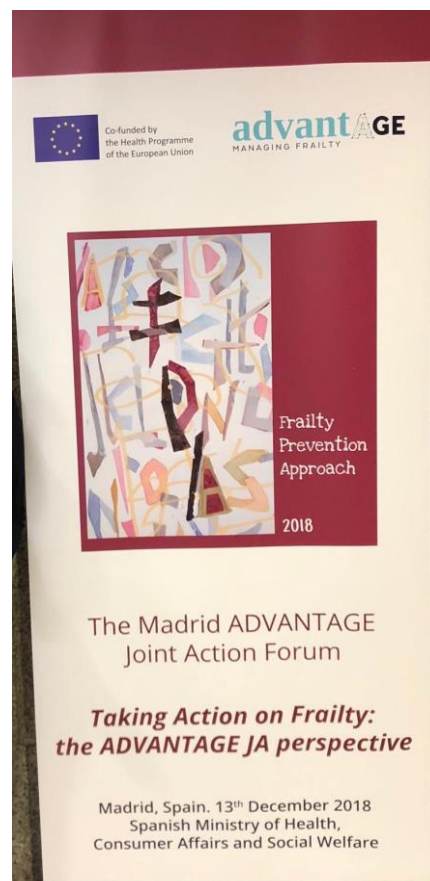
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| 8:30-9:30 | Registration Security control |
| 9:30-10:00 <i>Salón de Actos Ernest Lluch</i> | Opening and welcome* <ul style="list-style-type: none"> ○ Pilar Aparicio Azcárraga, General Director of Public Health. ○ Isabel de la Mata, Principal Advisor for Health and Crisis management, SANTE, European Commission. ○ Leocadio Rodríguez Mañas, JA Coordinator. |
| 10:00-11:00 <i>Salón de Actos Ernest Lluch</i> | Plenary session* <i>The Frailty Prevention Approach document</i> Speakers: <ul style="list-style-type: none"> ○ Epidemiological and population aspects: Aaron Liew, Lucia Galluzzo (WP5). ○ Individual assessment: Roberto Bernabei, Tomasz Targowski (WP4). ○ Individual management: Branko Gabrovec, Eleftheria Antoniadou (WP6). ○ Models of care: Anne Hendry, Ana M^a Carriazo (WP7). ○ Training and Research: Regina Roller-Wirnsberger, Josep Redón (WP8). ○ Awareness and Visibility: Lucia di Furia, Elena Bozdog (WP2). ○ Support by the Stakeholders Forum: Fabrizia Lattanzio, Miguel Telo (WP3). Chair: Inés García-Sánchez, JA Deputy Coordinator |
| 11:00-11:30 | Coffee-break |
| 11:30-13:00 <i>Salón de Actos Ernest Lluch</i> | Interactive Panel Discussion* <i>Understanding the context in which we operate</i> Speakers: <ul style="list-style-type: none"> ○ Isabel de la Mata, Principal Advisor for Health and Crisis management, SANTE, European Commission. ○ Julia Wadoux, AGE Platform Europe. ○ José Martínez-Olmos, Senator Spokesperson for health PSOE at Senate Spanish Parliament. ○ Elke Jakubowski, WHO Europe. Chair: Anne Hendry (WP7) / John Young (EP member). Open debate with audience |
| 13:00-13:30 <i>Salón de Actos Ernest Lluch</i> | Presentation of the Face up to Frailty campaign* <i>What living with frailty means to people</i> Speakers: Almudena Albertos (WP1)/ Mandy Andrew (WP7). Chair: Inés García-Sánchez |
| 13:30-14:30 | Lunch break |
| 14:30-16:00 <i>Salas polivalentes y Salón de Actos Ernest Lluch</i> | Parallel sessions <i>Fine-tuning the FPA document</i> Session A: Individual management of frailty (prevention, identification, diagnosis, clinical care and support, training, research) <i>Sala Polivalente A</i> ● Chair: Leocadio Rodríguez Mañas (WP1). Facilitators: Branko Gabrovec (WP6), Graziano Onder (WP4), Finbarr Martin (EAB member), M ^a Angeles Caballero- Mora (WP1), Maria Koula (WP8). |

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| | <p>Rapporteur: Ana M^a Carriazo (WP7).</p> <p>Session B: Models of care for frailty (population screening, prevention, integrated care and support, training, research) <i>Salón de Actos Ernest Lluch</i> ●</p> <p>Chair: Anne Hendry (WP7).</p> <p>Facilitators: Lucia Galluzzo (WP5), Regina Roller-Wirnsberger (WP8), Elke Jakubowski (WHO), Inés García- Sánchez (WP1)</p> <p>Rapporteur: Eleftheria Antoniadou (WP6).</p> <p>Session C: Face up to frailty movement + Stakeholders Forum <i>Sala Polivalente B</i> ●</p> <p>Chair: Mandy Andrew (WP7).</p> <p>Facilitators: Silvia Bolognini (WP3), Julia Wadoux (EAB member), Maddalena Illario (EAB member), Almudena Albertos (WP1).</p> <p>Rapporteur: Cinzia Giammarchi (WP2).</p> |
| 16:00-16:30 | Mini-break |
| 16:30-17:45 <i>Salón de Actos Ernest Lluch</i> | <p>Plenary session* <i>Making it Happen</i></p> <p>Rapporteurs: Ana M^a Carriazo, Eleftheria Antoniadou, Cinzia Giammarchi.</p> <p>Chair: Inés García Sánchez / Leocadio Rodríguez-Mañas.</p> <p>Open debate with audience and EAB members: Finbarr Martin, Isabel de la Mata, Julia Wadoux and Maddalena Illario.</p> |
| 17:45-18:00 <i>Salón de Actos Ernest Lluch</i> | <p>Closing ceremony*</p> <ul style="list-style-type: none"> ○ Leocadio Rodríguez Mañas, JA Coordinator. ○ Inés García Sánchez, JA Deputy Coordinator. |
| 18:00 – 19:00 | <p>Supporting the Face up to frailty campaign. Cocktail and end of the Forum</p> |

* Sessions taking place in the Ernest Lluch room will have English-Spanish translation available

Annex 3. Some pictures

Opening and welcome session



FPA presentation by WPs leaders & co-leaders



EAB and EP members & guest speakers



Session A: Individual Management of Frailty



Session B: Models of Care for Frailty



Session C: Face up to Frailty movement & Stakeholders forum



Face up to frailty campaign



*Active engagement
from participants*





Plenary session: Making it Happen





The ADVANTAGE JA Madrid Forum. 13th December 2018. Evaluation Report