



Intermediate product of the ADVANTAGE Joint Action

Identifying Best Practice Criteria in Health Education in Europe for Use in the Joint Action on Frailty Prevention „Advantage“

A Core Criteria Set modified from „Best Practices Evaluation“ in Europe

Prepared by Work Package 8.

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1. INCLUSION CRITERIA

1.1. Relevance

This criterion refers to the strategic context and the needs of the educational programme, which needs to be clearly explained and considered.

The description of the practice should include information whether it is: a programme on micro-, at local/regional level or national level or the European level and if was put in place to support the tackling the topic of frailty and functional decline.

1.2. Programme Characteristics

This criterion assesses the existence of a needs assessment for the programme itself and the health and social care needs in detail (e.g. problem analysis, needs assessment – before the programme has been started) of the target population to be trained and the beneficiaries; established learning objectives; a consistent methodology of the educational and training programme that is well documented; etc. A thorough description of the programme would include:

- The target population to be trained is clearly described.
- The target beneficiaries are clearly described.
- A detailed description of the programme is provided.



- SMART objectives are defined and actions to take to reach them are clearly specified and easily measurable.
- The indicators to measure the planned objectives are clearly described (assessment formats aligned with competence levels described).
- The programme includes an adequate estimation of the human resources, material and budget requirements in clear relation with committed tasks.
- An evaluation process was designed and developed and the programme will be developed according to feedback.

1.3. Evidence of Programme

1.3. Ethical aspects

To be respectful with ethic values and guarantee the safeguarding of dignity, a practice should accomplish in all training modules:

- ✓ The intervention has the aim to train as many people as possible to implement equitably - proportional to target group needs (use of sustainability).
- ✓ All participants trained should acquire attitudes of ethically sound behaviour towards beneficiaries at the end of the training modules (learning objective clearly outlined in programme).

2 CORE CRITERIA

2.1 Effectiveness and Efficiency of Interventions

The practice has been implemented in an effective and efficient way (data on number of people trained and alumni data base)

2.1.1. Subcriteria

- ✓ The potential impact on the target population is assessed as positive.
- ✓ All improvements in comparison to the starting point, for example the baseline concerning e.g. structure, process and outcomes in different areas, are documented and presented.
- ✓ The practice has been evaluated from an economic point of view.
- ✓ The evaluation outcomes demonstrated beneficial impact.



- ✓ The evaluation results are trustful.

2.1. Equity

This criterion considers that the practice should take into account the needs of the population (men and women) when allocating the programme planning and identify and reduce health inequalities.

As the reduction of inequities is a major issue in Europe, a practice that includes elements that promote equity, should be ranked higher (for example, if considering a gender perspective). Sub-criteria that could be eventually used to assess 'equity' are:

- ✓ The relevant dimensions of equity are adequately and actively considered throughout the process of implementing the practice (e.g. age, gender, socioeconomic status, ethnicity, rural-urban area,) - aims outlined in programme.

3 QUALIFIER CRITERIA

3.1 Transferability

This criterion measures to which extent the implementation results are systematized and documented, making it possible to transfer it to other contexts/settings/countries or to scale it up to a broader target population/geographic context. It would be a plus if transfer of the practice would address **EU added value elements**¹.

Sub-criteria that could be considered to assess this criterion are:

- ✓ The programme uses training formats (e.g. face to face training, e-learning etc.) that allow for repetition/transfer.
- ✓ The description of the program includes all organizational elements, financial or skill-related application process outlined.

¹ http://ec.europa.eu/chafea/documents/health/hp-factsheets/added-value/factsheets-hp-av_en.pdf



- ✓ The description includes all contextual elements of the beneficiaries (e.g. patients, general population) and the actions that were taken to overcome personal and environmental barriers.
- ✓ The practice have already been successfully transferred / repeated.
- ✓ The practice shows adaptability to different needs encountered during a clear feedback process.

3.2 Sustainability

This criterion assesses the practice's ability to be maintained in the long-term with the available resources, adapting to social, economic and environmental requirements of the context in which it is developed. Sub-criteria that could be considered to assess this criterion are:

- ✓ The practice has institutional support, an organizational and technological structure and stable human resources.
- ✓ The practice presents a justifying economic report, which also discloses the sources of financing.
- ✓ The continuation of the practice has been ensured through institutional anchoring and/or ownership by the relevant stakeholders or communities in the medium and long term in the planning of the practice.

Subcriteria

- ✓ A sustainability strategy has been developed that considers a range of contextual factors (e.g. health and social policies, innovation, cultural trends and general economy, epidemiological trends).

3.3 Intersectoral Collaboration



This criterion assesses the ability of the practice to foster collaboration among the different sectors involved in the domain of interest (e.g., health promotion, chronic disease prevention and management, etc.) Sub-criteria that could be considered to assess this criterion are:

- ✓ The practice has been carried out jointly by several sectors referring to the European Framework on Education or Bologna Process.
- ✓ A multidisciplinary approach is supported by the appropriate stakeholders (e.g. professional associations, public institutions from education, employment, ICT, etc.) - outlined in programme.

3.4. Participation

- ✓ Elements are included into the programme to promote empowerment of the target population (e.g. strengthen their health literacy, ensuring the right skills, knowledge and behaviour development, including stress management and self-care).